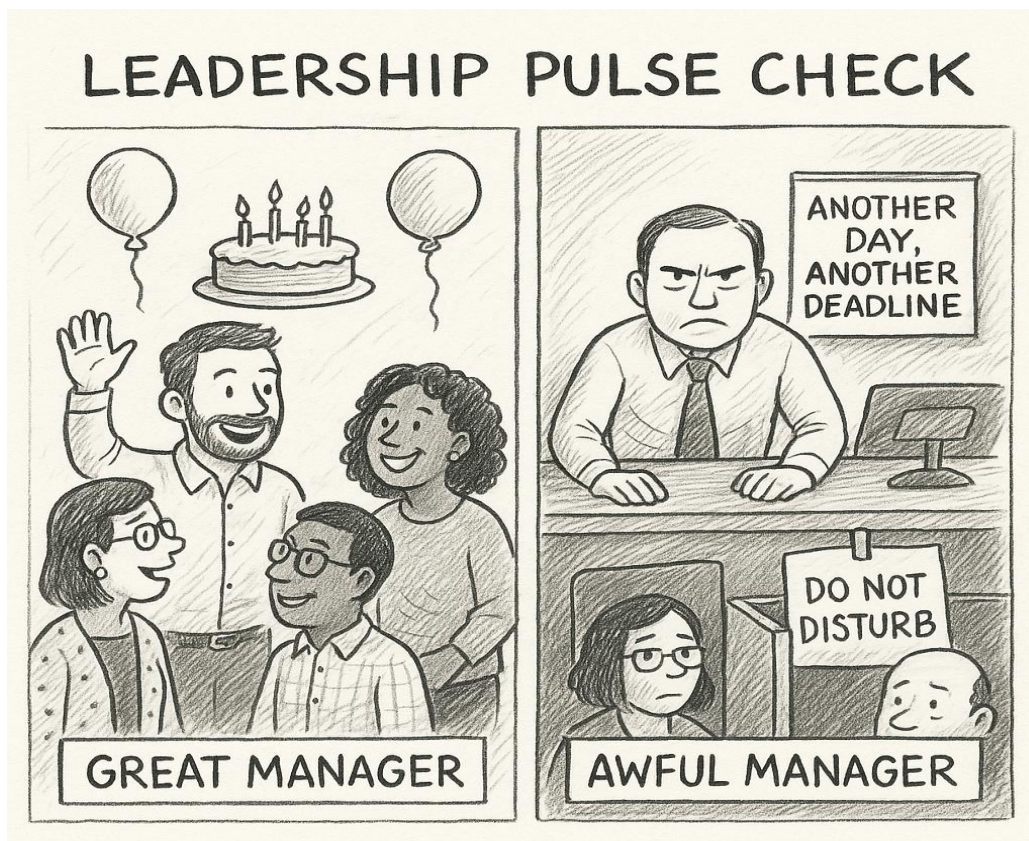


Would You Work For You?

When it comes to managers and leaders, most of us have two lists in our minds, those who showed us what good looks like, and those who showed us the opposite! It's not easy to stay on the 'good' list, it requires self awareness, openness, vulnerability, and discipline!

This month, why not take our 'Leadership Pulse Check' to see how you're measuring up and what you can do about it!



Self Reflection - would you work for you?

Ask yourself:

- How do I typically show up for my team - coach, critic or ghost? Is this the same for everyone in my team?
- When did I last ask for honest feedback - and really listen?
- What do you know you are avoiding/deflecting because you are too busy?
- What percentage of the time are you managing tasks v's leading people?

Reflections from others - do you really know what it's like to be led by you?

Ask 3 people (this can be anonymous)

- What are the 3 things I do that help you most?
- What are the 3 things I do that get in the way or disengage you?
- What's the 1 thing you need from me that would make the most difference?

3 easy actions - small shifts, big impact. Track for a week to notice the impact

- START - Pick one behaviour/habit to shift
- STOP - Pick one behaviour/habit to stop
- CONTINUE - Be clear about what you are currently doing that's worth protecting