We empower your leaders and people to transform your culture and deliver measurable transformation.

**An introduction to Full Potential Group** 



#### We have unlocked people potential for:

























































# Full Potential Group Empowering leadership, transforming culture



### 25+ years people development experience

Established over 25 years ago we are people development experts, helping you develop people throughout the employee lifecycle, from graduate recruits and emerging talent, to C-suite leaders and your Executive Team



### **Business pragmatism +** transformational change

We blend solid business pragmatism with real transformational change. We focus on improving leadership & management effectiveness, coaching, team performance, motivation & wellbeing that delivers against your strategic objectives and provides measurable ROI.



### 2,500 organisations and 1 million people impacted

We've increased performance in almost one million leaders, managers & their teams, and helped create thriving cultures in 2,500 organisations, global corporations & growing SMEs.



Addressing your business and people challenges

#### Leading and managing through change:

- Scaling for growth
- Strong leadership pipeline
- Creating a cultural shift
- Mental wellness
- Remote and hybrid working
- Creating agile leadership
- Motivated and adaptable workforce
- Need for innovation and creativity

#### **Engaged & motivated employees:**

- Thriving teams & culture
- Creating empowering environments
- Multi-generational talent, diverse workforces

#### **Faster & leaner business models:**

- Doing more with less: smarter, better, faster
- Tighter budgets, bigger demands

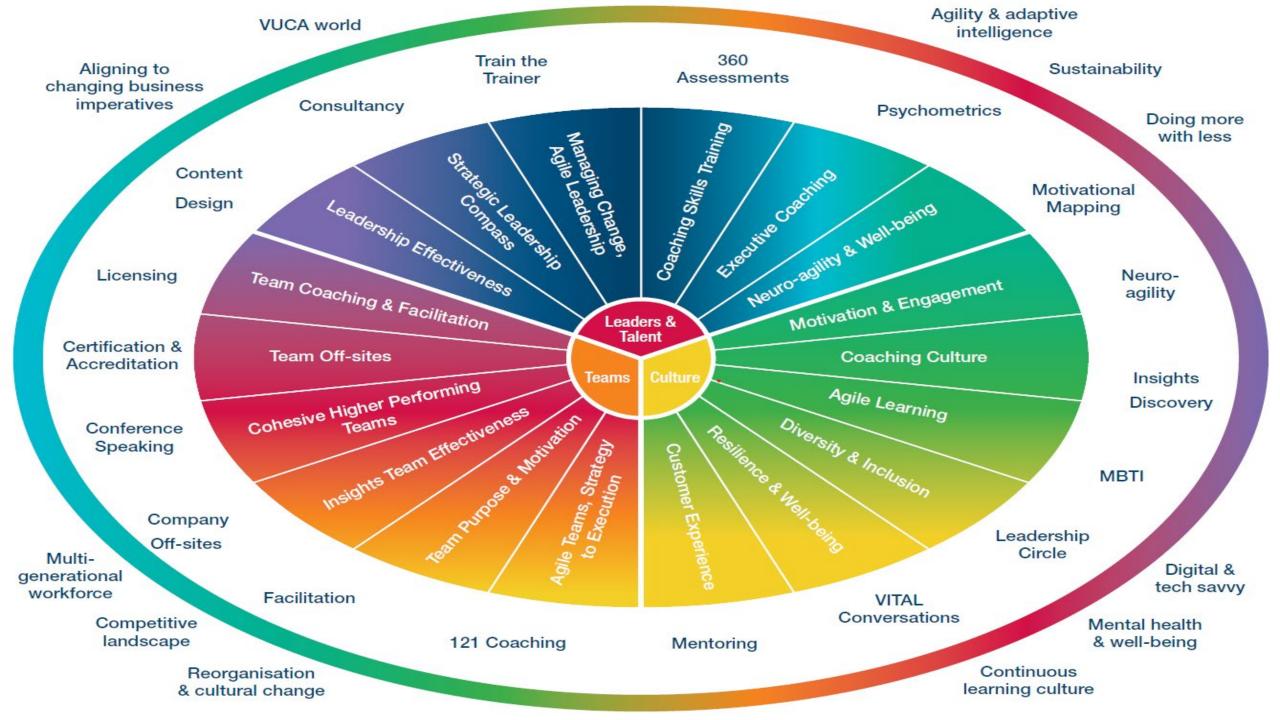
#### **Talent retention & development:**

- Identifying, retaining & developing the best talent
- Right people, right roles, due diligence
- Developing strong talent pipeline & succession
- Coaching, mentoring and sponsorship

#### **Future workplace:**

- Virtual / hybrid/ global teams connecting across complex matrixed organisations
- Managing stress in the workplace
- Employee experience, resilience and wellbeing
- Doing the right things, focus & prioritisation
- Connectivity & remote virtual working
- EDI
- Self-directed learning culture





# **Full Potential** culture Creating a great place to work.





## Unlocking full potential

the world of work is changing

Third wave

**Work Happier** 

(transformational leadership, coaching, mojo)

**Second wave** 

**Work Smarter** 

(leadership effectiveness, process automation and technology)

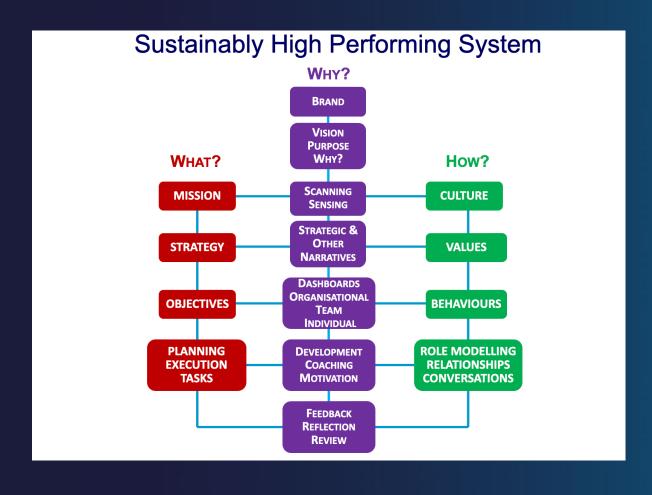
First wave

**Work Harder** 

(better time and project management)



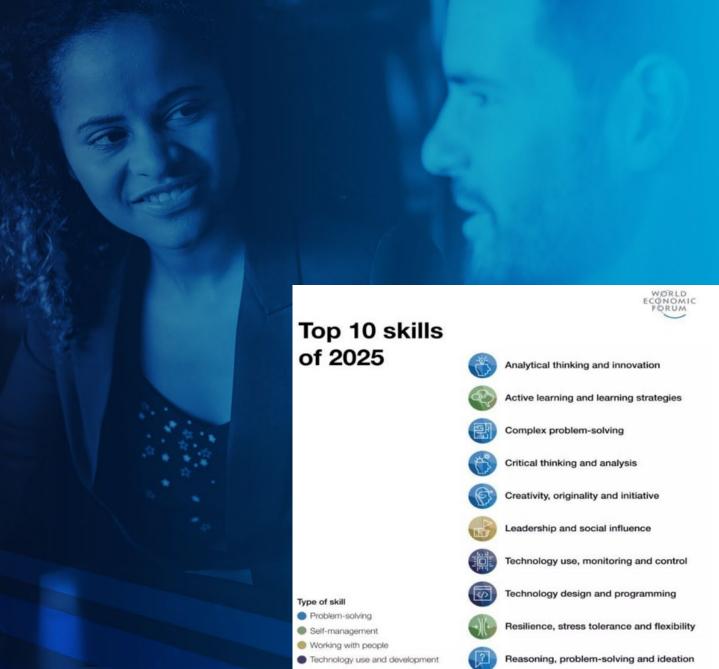
# Creating a High Performance Organisation





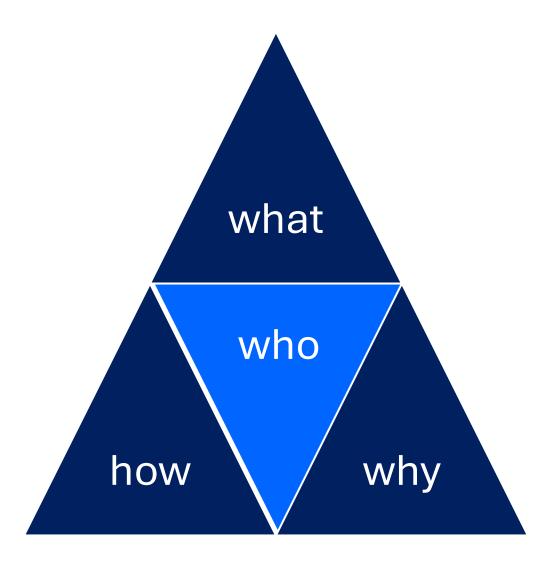
# Leaders and talent

- > Senior executive development
- Leadership and management development
- > Emerging leaders and rising talent
- > Executive coaching
- > Creating a coaching culture





#### **Growing Leaders & Talent**







# **Vertical Development**

Enabling leaders to 'Be'; to think and skillfully make sense of the world within which they operate with a focus on personal identity, values & beliefs

'Be'

PERSONAL CREDIBILITY **Transformation** 

ATTITUDE & MINIOSET

ATTITUDE & MINIOSET

THINKING LEVELS

VALUES & BELIEFS

VALUES & RELIEFS

VALUES & MINIERPERSONAL AMARENESS

SELF & MINIERPERSONAL AMARENESS **Vertical and Horizontal Development** 

PROFESSIONAL PROCESSIONAL **Transaction** 

'Do'

#### Horizontal Development

SE SKILLS KNOWLEDGE CAPABILITY

Enabling leaders to 'Do' using high value tools, skills, knowledge, models and frameworks

#### Leadership & talent programmes – ready to go or bespoke for your needs





#### **Self Aware Leadership**

Transformational leadership effectiveness. Deepening self-awareness, emotional intelligence and authenticity. Utilising 360° feedback, profiling or self assessment to identify strengths, motivators, values and development gaps, recognising and flexing leadership styles to enhance decision-making, elevate leadership effectiveness and inspire positive change in self, others and the organisation.



### Influence, Impact & Interpersonal Effectiveness

Unlocking the keys to interpersonal effectiveness by understanding behavioural preferences.

Exploring strategies to enhance leaders' ability to inspire others, build rapport and navigate diverse relationships.
Recognising diversity, valuing others, by flexing and adapting communication styles to strengthen influence, impact and collaboration.



# Leading High Performing Teams to Execute on Strategy

Understanding team
dynamics, empowerment and
how to build a cohesive, high
performing team. Knowing
how to overcome the 5
dysfunctions of teams,
building trust, cultivating
constructive conflict,
committing to a shared
purpose and goals, holding
accountability and focusing
on collective results.

#### **Leadership & talent programmes**



### Coaching, mentoring & managing performance

Knowing how to transform people's potential into real results.

Managing performance, giving feedback, handling challenging conversations, breaking through barriers and obstacles to success.

Having a full potential coaching mindset and skills in everyday conversations to unlock high performance.



#### Delivering results though others

Developing excellence in execution by linking people, strategy and plans together and delivering results through others.

Honing focus, time management, prioritisation, delegation and cultivating habits to fast-track confidence, productivity and results.



#### **Motivating people**

Understanding how to motivate yourself and others. Identifying, measuring and monitoring the 9 motivators that impact performance, productivity and resilience.

Knowing how to recognise people's motivational hot buttons, how to have effective 121s discussing motivation, goals and action.

How to measure team and organisational motivation and create a happy place to work.



#### **Leadership & talent programmes**



#### Strategic thinking

Exploring frameworks and approaches to sharpen strategic acumen. Cultivating the mindset and power skills needed to lead strategically, drive innovation and achieve sustainable success in a rapidly evolving world. Utilising 7 key attributes of strategic thinking.

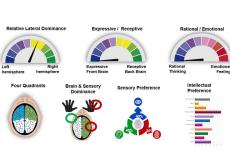
Applying a breakthrough process to current business challenges and opportunities to develop and sponsor strategic organisational change.



#### Leading change

Embedding vital skills for effective organisational transformation. Applying change management frameworks, communication strategies and leadership techniques to inspire teams, foster growth and innovation.

Crafting compelling visions, storytelling, overcoming resistance to change, building adaptability and stakeholder engagement with practical hands-on experience in developing change plans and spearheading breakthrough.



#### **Resilience and wellbeing**

Exploring strategies to thrive amidst pressure and uncertainty.

Learning latest developments in neuroscience and resilience-building techniques, stress management tools and methods to foster a holistic culture of wellbeing within teams.

Equipping leaders with the skills to lead with resilience, inspire their teams and sustain peak performance in today's demanding landscape.



	Stage	Description				
Inter- dependent	Alchemist	Integrates the material and the spiritual to renew and recreate themselves and their organizations in historically significant ways	Before we go too far, let's get input from those who			
	Strategist/ Transforming	Creates shared visions across stages; encourages both personal and organizational transformation	will be affected			
	Individualist (Redefining)	Recognizes that the stages are constructs that can be changed; reframes complex dilemmas to achieve results				
Independent	Achiever	Creates an environment focused on reaching near- and long-term goals. Connects individual work to larger efforts.	In order to achieve our goals, we'll need to			
	Expert	Exercises control by perfecting their knowledge and presenting hard facts and logic to gain buy-in to their proposals				
Donandant	Diplomat	Seeks to please higher-status colleagues while avoiding conflict	We'll wait for direction from the CEO			
Dependent	Opportunist	Focuses on personal wins and sees the world and other people as opportunities to be exploited				



#### What people say



"Thank you so much for running the course today. The Coaching day 1 and 2 has been my favourite training course since being at Baringa. I'd do it again if I could!!"

#### **Alexandra Doran**

Senior Manager, Baringa

"I am just on the train on the way home, reflecting on a brilliant team offsite.

Thank you so much for all the hard work and planning that went into today, I really appreciate it. I thought the content, pace and delivery were all pitched perfectly for us as a team and we all really enjoyed it.

So much to reflect on and I am very keen to keep the momentum"

#### **Financial Services**

CFO

"You were on top form and the group really appreciated how well you engaged with them, using the colours etc was excellent. Also, not much theory and lots of practice, bit by bit as you did. Superb thanks!"

#### Frank Esson

Vistage Group Chair

"I am still buzzing from the advanced leadership coaching course, and I find myself reflecting back on the two days and applying the coaching techniques already."

#### **Store Operations Manager**

Tesco



#### **Executive coaching**

"Full Potential executive coaching is serious.

It's about having a fundamentally different attitude to who you are 'being' in your organisation and the impact and results you could be delivering." carole Gaskell, Founder of Full Potential Group

A recent global survey by PriceWaterhouseCoopers found the mean ROI in coaching was **7 times the** initial investment with over 25% of leaders reporting ROI of 10 to 49 times the cost.



#### **Full Potential Executive Coaching Service**

Full Potential Group's Executive Coaching is not a soft option. Expanding an individual's potential for growth is challenging. It requires honesty, a willingness to shift mindset, learn new skills, readiness to confront obstacles and difficult issues and courage to stick with changes even when the going gets tough.

Executive Coaching provides a safe, confidential environment in which to challenge the status quo. Our Coaches support individuals to create powerful foundations, call people to their highest potential and embed core skills, tailor-made to their specific development needs. They also hold the creative tension between the individual's current reality and the real impact they could be having when they step-up and embrace positive new leadership behaviours into their day-to-day work.

Before the programme begins, the Coachee and coaching sponsor both complete a short initial coaching questionnaire. The sponsor should be someone who can provide vital support to the Coachee, whilst also holding the organisational objectives for the coaching. The process includes:

- Chemistry calls with a maximum of 3 potential coaches, so the coachee chooses the best match.
- 3- way call with the sponsor, individual and selected coach to agree objectives.
- A programme of 6 x coaching sessions to take place within the period of a year. A mid-way check-in call with the sponsor, Coach and Coachee, as well as a close-out session at the end of the programme.

Any changes Coach One-to-One coaching to the original Progress Final Coachee check In coaching begins to include evaluation evaluation Series Series commits call with objectives to of coaching | with all of coaching with all a 3-way Coachee be agreed & sessions sustainability coach-coachee-sponsor sessions relevant relevant updated on after session parties parties action plan 2 months questionnaire



# **Building Coaching Capability in Your Organisation**

Coaching Skills Programmes Develop Coaching Champions

Create a Coaching Culture



#### **Coaching Skills Programmes**

# 3 Stages of Full Potential Coaching

- Coaching Essentials
- Flexing Coaching

Two

Next Level Coaching

Full Potential Coaching skills development combines live coaching experiences, tools, techniques, sharing of best practice and lots of implementation, putting coaching into practice in the moment.

All the sessions are highly-interactive, fun, and inspiring, combining pragmatic 'real-conversations' with reflective thinking and self-development exercises – you will never be the same again!



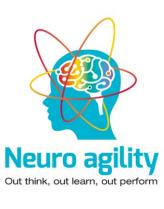
#### **Profiling**

Individual, team, and organisational profiling provides invaluable insights for organisations wanting to thrive and flourish.

We help you navigate the myriad of assessments available, helping you select the most relevant tools to grow your people and achieve greater success.

Psychometrics, personality and behavioural assessments, motivation profiling, leadership assessments, team profiling, organisational dashboards, culture audits and skills assessments, provide insight into your organisational culture, people and their potential whilst also highlighting areas for development and growth.





#### Comprehensive 360° assessments and custom solutions

Our suite of ready-made 360° assessments covers a broad spectrum of organisational needs:

- > Executive team
- ➤ Leadership
- ➤ Managers
- ➤ Universal
- > Coaching effectiveness
- > Team effectiveness

For a tailored approach, we assist in crafting bespoke tools that resonate with your organisation's unique values, leadership behaviours and competencies. It is possible to design a bespoke questionnaire from the ground up or adapt and integrate your competency development framework within our established questionnaires for a more personalised solution.





# Team performance

- > Executive team alignment
- > High performing team offsites
- Team dynamics and communication
- Addressing 5 dysfunctions of a team
- > Team purpose and motivation
- Team coaching and facilitation, strategy to execution







#### **Team motivation**

In addition to the individual views, team and organisational dashboards can be created and shared for both physical and virtual teams and departments. The mojo team grid helps to understand the key motivators within a group as well as identifying potential conflicts and gaps. We promote the sharing of mojo data amongst teams as this has proven to dramatically improve team dynamics and empathy for each other.



# Motivation Score History Motivation Score (%) Motivation Score (%)

mojo.

mike@brandexperiences.com

Log Out

Hi Mike

welcome back

My view M

My teams

Knowledge base

**Team motivation** Team satisfaction

All nine motivators are ranked based on their importance to the team overall but individual levels are displayed alongside each team member in the table based on their most recent mojo map. The top 3 and lowest motivators for each team member are also highlighted in different shades with a legend below the table. Clicking on one of the legend buttons will further highlight the selected motivator. This table is useful to support discussions about the different motivations that are important to the team and can help to highlight potential synergies and tensions between team members. For more information see the motivator compatibility chart.

4 People					2		*			$\bowtie$
Name		Creator	Spirit	Searcher	Expert	Builder	Star	Director	Defender	Friend
Greg Alder	21/12/22	37	29	28	19	11	17	15	07	17
Nick Dale	17/02/23	32	24	21		24	19	13	15	07
Steve Jones	02/02/23	31	32	27	27	22	13	07	14	07
Mike Sharples	18/07/22	30	28	34	23	13	13	24	10	05
TOTAL		130	113	110	94	70	62	59	46	36
		LEC	END	Primary mot	ivator	Second motiva	ator Th	ird motivator	Lowest	motivator

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(mojo v299)

# Sales effectiveness

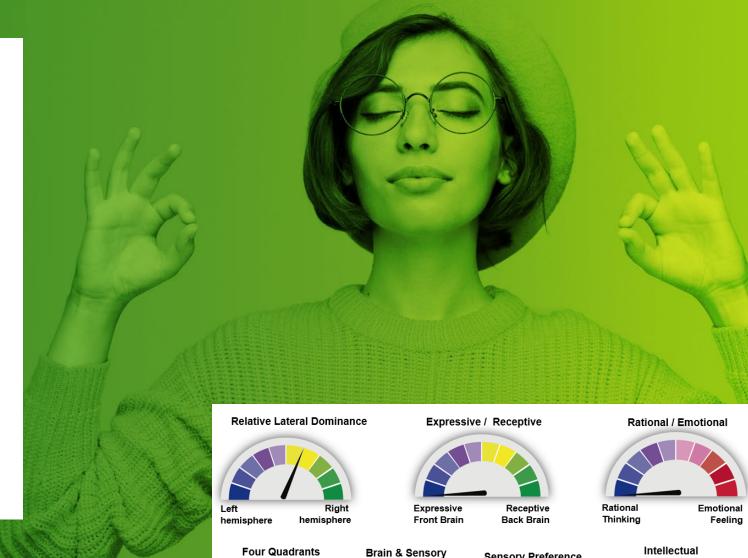
- Leveraging business and sales strategy
- > Communicating with impact
- Presenting for extraordinary results
- > Building strong, lasting relationships and effective account management
- Optimising the sales cycle, technology and tools for long-term rewards





# Wellbeing and resilience

- > Neuro agility and mental wellbeing
- Financial wellbeing
- Managing menopause











Sensory Preference



Preference



# Scientist of Yourself®

The Science of Sustainable High Performance, Humanised Leadership





#### **Certification & accreditation**

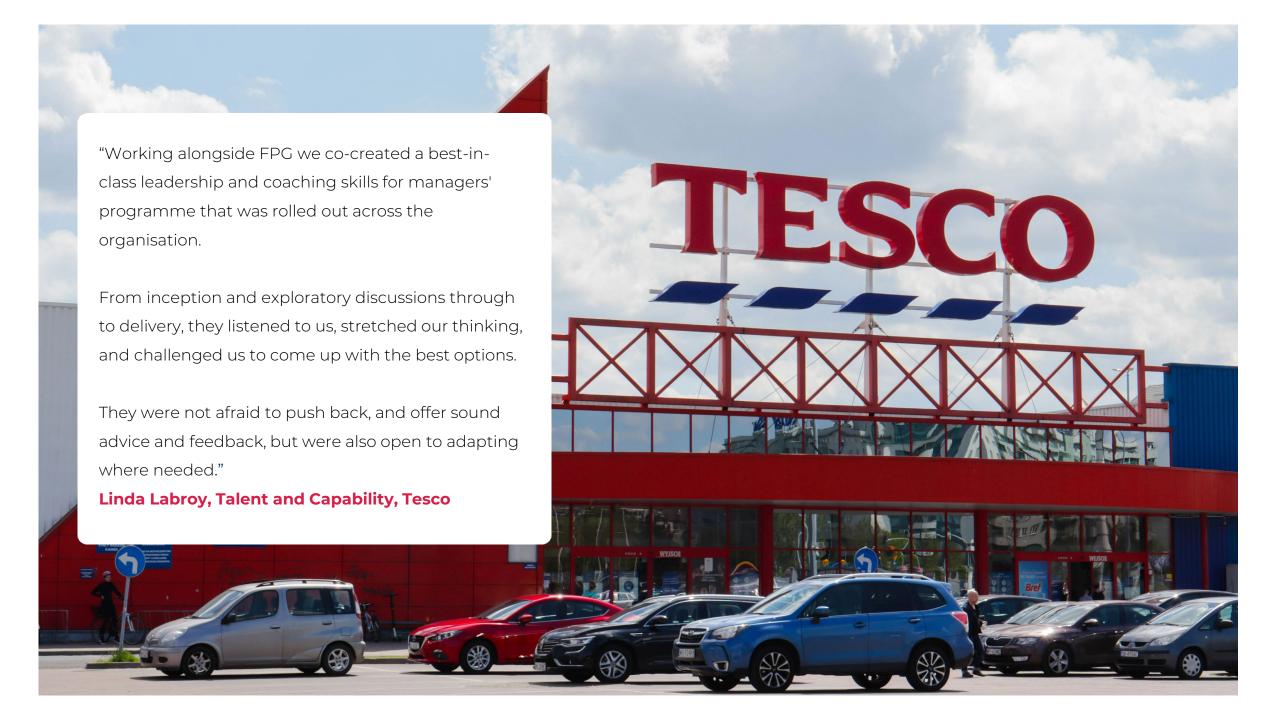
Professional certifications and advanced profiling tools are crucial for tackling business challenges and maximising organisational potential.

We've accredited people all over the world, equipping them with essential skills and tools to enhance value across organisations, teams, and individuals. Our programmes include:

- Motivational Maps
- Mojo
- Insights Discovery
- Neuro-agility
- Full Potential Coach

Becoming accredited can boost your knowledge, impact, and results. Join our community of practitioners integrating world-class expertise into their businesses.





#### **Etihad Aviation Group**

Andrew Stott, Vice President
Learning & Development, was
seeking solutions for improving
employee engagement and
satisfaction. After mojo mapping
Andrew and some of his L&D team,
to obtain proof of concept, it was
decided to roll out mojo to an initial
tranche of around 400 users.

#### The mojo roll out

Etihad decided that as they wanted to take ownership of mojo, they wanted to have Mojo Mentors, Mojo Managers and Mojo Champions to offer in-house support and guidance. So, we trained over 50 employees across the three mojo roles, who then supported with the roll out and adoption.

#### The impact

Etihad states that they wish to deliver 'a remarkably thoughtful employee experience' and there's no doubt that mojo helps them to deliver this by:

- Enabling Etihad to own the tool and drive adoption 'from the people, for the people'
- Upskilling employees through coaching them to be Mojo Mentors, Champions and Managers
- Providing insight into employee satisfaction and preferences
- Providing a common language for motivational preferences
- Helping colleagues to understand what drives them and their colleagues
- Identifying employees who are a 'flight risk' to mitigate turnover and productivity losses

Mojo is now being rolled out to more colleagues across Etihad.



"I want to thank you for your support. FPG and the leadership programme were both outstanding, for some, will be transformational.

The course content was rich, as I had anticipated, and the course design was highly participative.

Thank you for your good service in building this for me so quickly. Everything moved like clockwork."

Head of People Development and Engagement, E2V



"Just wanted to let you know that I got soooo much out of the Coaching Skills course last Wednesday—mainly due to your amazing skills of perception and patience. I feel privileged to have attended, and during one of the coaching exercises it hit me how to resolve a work problem I've had for a while. By 11am the next morning, I'd had 3 short meetings and the whole issue was resolved. A BIG THANK YOU!!"

Amber Telford, Mott MacDonald

M MOTT MACDONALD "This has probably been the best days training I've had in 35 years of employment!"

#### **Contact us**



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**Discover More: Watch Our Company Video** 



"This is one of the most powerful leadership programmes I have ever been on. Thank you! It's been a great experience, a great investment in me and I will continue to use and build these new skills!"

Head of Consumer and Insight Marketing, Heinz

